OVER 13 YEARS OF EXPATS HELPING EXPATS

HEALTH INFORMATION

BANGKOK HOSPITAL PATTAYA PROMOTIONS – NEED URGENT MEDICAL ATTENTION?
BHP emergency care team of English-speaking Doctor and Nurse are able to examine you, provide immediate care, and give you a prescription equivalent to a visit to the hospital. They offer a fast and efficient service. On-call medical teams are able to leave the hospital within approximately five minutes after receiving your call (Distance of the hotel or your residence from hospital determines arrival time). They will come to take care of you at your hotel or home for your convenience. Promotional price of 3,900 baht until 31 December 2017. Dial 1719 to contact the Hospital. From 1 August to 30 September, they have several promotion packages available. Click here for information on packages and promotions. If voucher purchased by 30 September, it can be used through October 31.

PHYATHAI SRIRACHA HOSPITAL PROMOTIONS – From 1 August to 5 September, Phayathai Hospital Sriracha has a checkup promotion for 4,680 baht plus discounts on additional items. Click Here for details. The health checkup center is open seven days a week from 8:00 a.m. – 3:00 p.m. No need to make an appointment as the health checkup promotion is a walk in service. No food and drink after midnight the night before for fasting purposes and you will be supplied with tea/coffee plus breakfast included in the program. If you need any more information, then contact Gavin by email at gavin@phyathai.com or call him direct on 089-750-0293. You can visit their website at: www.phyathai-sriracha.co. If traveling to the Hospital by public transport: Any bus travelling along Sukhumvit Rd heading North to Sriracha (that's Bangkok) – they all stop at the following pick up points at South Pattaya, Central Pattaya & North Pattaya. The trip takes around 40 minutes and also costs 40 baht I believe. Arriving in Sriracha still on Sukhumvit Rd all buses stop outside the Robinson Department Store. Their website has a map showing their location in relation to Robinson Department Store.

HEALTH CARE IN THAILAND – The Club’s website has additional information about medical care in Thailand including a listing of hospitals and clinics in Bangkok and Provinces in Thailand; extended/retirement care facilities; and more. Link to website page on Health Care: http://www.pattayacityexpatsclub.com/expats/docs/HEALTHCARE.pdf.

IF YOU HAVE “A-NEGATIVE” BLOOD TYPE PLEASE CONTRIBUTE INFORMATION FOR A REGISTRY – Club Member Ren Lexander is starting up a register of people with A-negative blood type as it is extremely rare among Asians at 0.5% and only 7% among farangs. That makes it 14 times rarer in Asia. In times of emergency, it is like liquid gold. If you are A-negative, email Ren: renlexander@gmail.com and be put on the register. If a need arises, you'll be emailed. If you have a need, then you will know who to contact.

LIVING WILL FORM – Dr. Iain Corness spoke to the Club about the new Living Will form that is in use at Bangkok Hospital Pattaya (see the June 24, 2011 Newsletter). The Form, both English and Thai versions with some additional information are on the Club’s website - http://www.pattayacityexpatsclub.com/expats/docs/living%20will%20form.pdf. The new form meets the requirement of Thai Statute No. 12 of the National Health Law. You can also obtain a copy in either English or Thai from Sally at the Sunday meetings.

A RESOURCE FOR MEN IN THAILAND WHO ARE DIAGNOSED WITH PROSTATE CANCER – Although there are many web sites that discuss prostate cancer, a member points out that there is one that is specific for those living in Thailand. The website is www.thaiprostate.com. Also, we have some Club members that have undergone treatment in Thailand and elsewhere that are willing to be a support group if needed. If anyone wishes to contact them, please email info@pattayacityexpatsclub.com and we will put you in touch.
LISTING OF EXPAT RECOMMENDED MEDICAL PROFESSIONALS ON THE WEBSITE –
The list can be viewed by going to http://www.pattayacityexpatsclub.com/expats/docs/HEALTH-%20CARE.pdf.

NURSING HOME FACILITY IN BANGKOK – Member David Dunbar previously used this facility - Golden Years Facility in Bangkok – a full care nursing facility geared toward those in need of assisted living combined with medical care. Here is a link to their website: http://www.goldenyears.co.th/en/index.php.

NURSING HOME FACILITIES IN OR NEAR PATTAYA – The following listing is for nursing home facilities in Pattaya area – we have no specific information on services offered or their quality. Since we often get inquiries, this information is being provided, but the PCEC makes no guarantees or endorsements – therefore, you should perform your own due diligence if you contemplate using one of them.

Nursing home - Namthip Nursing home 081-940-194
BPH Nursing home - call BPH or check their ad on the Internet - 038-259-999
Nursing Resort Pattaya - 817 410 681
Absolute Living Thailand - 084-623-145

A SOURCE IN BANGKOK FOR CPAP MACHINES USED TO TREAT SLEEP APNEA –
Positive airway pressure (PAP) is a mode of respiratory ventilation used primarily in the treatment of sleep apnea, for which it was first developed. CPAP is an acronym for “continuous positive airway pressure.” If you have need of a machine or replacement machine, member David Anderson advises that there is a supplier in Bangkok that can provide these machines at much less than you would pay ordering them from a Hospital or from one of the major pharmacies that have them. His understanding is that if you got your sleep study done here in Thailand, just have that doctor call this Sales Manager and set up pickup or delivery. If you got your old machine in another country; you may have to have a Thai doctor call in the request. The contact person is Sukho Raksakarn, Sales Manager, Skyline Medical Co., Ltd. - mobile 081-372-0641 or email skylinemedical@gmail.com.