



PATTAYA CITY EXPATS CLUB NEWSLETTER
FOUNDED IN MARCH 2001 - PATTAYA'S FRIENDLIEST EXPAT CLUB
MEETING EVERY SUNDAY FOR TWELVE YEARS

January 31, 2014

CONTENTS

(Click on the topic to go direct to that section)

Club News

[Sunday's Meeting Program](#)

[Excursions Being Organized](#)

[Club Announcements](#)

[General Announcements](#)

[What's Happening In and Around Pattaya](#)

[Last Week's Meeting](#)

Other Club Information in the Newsletter

(♦ denotes that the section below has been updated in this issue)

[Club Membership](#)

[Club Activities](#)

[Services Available](#)

[Club Benefits](#)

[Member Supported Charities](#)

[Health Issues](#)

[Dining Out](#)

WHERE DO WE MEET?

Everyone is welcome to attend. The Club meets every Sunday morning at The Tavern by the Sea, on the ground of the Amari Orchid Resort and Tower, [Click here](#) for a map showing the location.

BREAKFAST BUFFET AVAILABLE

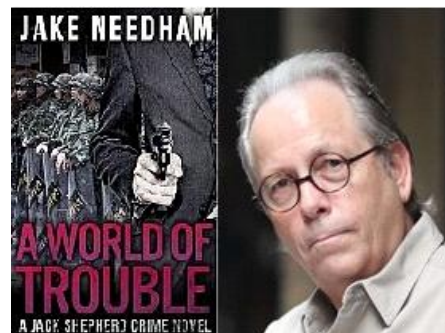
A buffet breakfast is available from 9:00 am to 11:00am. The program begins at 10:30 am and concludes around noon. Remember to obtain your coffee or tea refills before the pots are removed at 11:00 am. The Club has met at this location for several years now with its pleasant laid back and informal atmosphere - which the Amari Hotel allows us to use without charge. **Please support our continued use of these facilities by purchasing the full buffet or, if you do not want a full breakfast, at least the toast and coffee/ tea option or the fruit and juice option.**

The Pattaya City Expats Club is a social organization. The content of this Newsletter is provided for purpose of information. Inclusion of the names and information about commercial enterprises or the information provided by guest speakers does not represent an endorsement by the Pattaya City Expats Club of the services or products they may offer.

For more information about the Club – email info@pattayacityexpatsclub.com or visit www.pattayacityexpatsclub.com. You can also [subscribe to the Newsletter](#) and it will be emailed to you each week.

This Sunday's Meeting Program

We will be welcoming back author Jake Needham. He will be talking about the background for his book *A World of Trouble* (a Jack Shepherd novel). Jake's website description of the book states: *Thailand is hurtling closer and closer to a bloody civil war. And as unlikely as it sounds, Jack Shepherd may be the only person on earth who can stop it.* Jake believes the landscape of political upheaval in Thailand against which it is set seems to be just as current today as it was when the book was written several years ago. Jake is an informative and interesting speaker, so visit us this Sunday for some insights into his take on Thai politics.



“ Needham channels John le Carré in a raw, authentic tale of international intrigue. A WORLD OF TROUBLE is one terrific novel.”

—*The Bangkok Post*

He has published seven crime novels set in the cities of contemporary Asia including *The Big Mango*, *Laundry Man*, *Killing Plato*, and *The Ambassador's Wife*. His eighth, *The Dead American*, is due out in September 2014. Since his latest books are only available as eBooks, there will be no print copies for purchasing or autographing. But, he advises that if anyone has copies of any of his previous printed books, to bring them along and he will be more than happy to sign them for you.

Jake is an American, born in Houston, Texas. He graduated from Rice University with a Bachelor's degree in History and Economics and then obtained a Master's degree in Law from Georgetown University. He has been admitted to the bar in Washington, D.C., New York, and Texas. In addition to those locations, he has also lived in Los Angeles, Thailand, Hong Kong, Singapore, and Sydney, Australia. Since 1981, he has lived and worked in Asia. He is married to Pintuporn Sawamiphakdi, a graduate of Oxford University. She is the former editor of the Thai edition of Tatler magazine and a columnist with the Bangkok Post. They have two sons and reside in Thailand and the United States.

For more information on his books, visit his website at <http://jakeneedham.com/>.

We will have the usual announcements of upcoming events in and around Pattaya, updates on club activities, and last, but not the least, there will be an Open Forum, which is the time for you to ask questions about living in Thailand, or Pattaya. We ask you to offer your own observations and suggestions on how to live better in Pattaya.



NEXT SUNDAY, FEBRUARY 9

Our speaker will be John Wrey, owner of Splashdown Waterpark, a recently opened Pattaya water themed attraction. John will give us a behind-the-scenes look at the development of the waterpark.

Excursions Being Organized



The following are to announce excursions being organized by member(s) that are available to members and others

The last excursion was to Bang Saen on Wednesday, January 29, 2014. No additional excursions are being organized at the moment.



[Return to Contents](#)

Club Announcements

The following announcements are of particular interest to Club members regarding Club activities and benefits

PCEC MEMBERS GREET THE GOVERNOR OF CHONBURI PROVINCE FOR THE NEW YEAR

- On January 14, 2014, members of the Pattaya City Expats Club presented Chonburi Governor Khomsan Ekachai with a traditional hamper of foods for the New Year.



This was part of the PCEC's ongoing effort to maintain a presence with local and provincial government Officials. Those presenting the gift to the Governor were Chairman Pat Koester, Board Members Roy Albiston and Richard Smith, accompanied by his wife and Janet, Khun Sermsakdi, and our special friend Khun Radchada (Toy) Chomjinda, Intercountry Adoption Representative for the Pattaya Orphanage.

NO ENTRY TO THE TAVERN BY THE SEA ON SUNDAY MORNINGS UNTIL 8:30am -

- The Amari has asked, and we have agreed that members and guests may not enter the Amari until 8:30 am so as not to interfere with the staff when they set up the room for our meeting.



If you arrive early there are comfortable chairs to sit in on the porch until the doors open at 8:30am. Your cooperation will be appreciated.

★TWO CLUB MEMBER VOLUNTEERS ARE NEEDED FOR THE LOGO SELECTION COMMITTEE

- At the January 6 meeting of the Board of Governors, three Board Members were appointed to the Logo Selection Committee; Pat Koester, Roy Albiston, and Lawrie McLoughlin. The Committee will select two Club Members to join them on the Committee. This 5 member committee will review all the logo designs submitted and select a design to recommend to the Board of Governors. If you would like to be on the Logo Committee, please see Lawrie McLoughlin no later than Sunday's meeting on January 29 to let him know your interest. After two regular members are selected, the Committee will schedule a meeting to review the submitted designs to select one to recommend to the Board.



DRIVING LICENSE ASSISTANCE TRIP ON WEDNESDAY, FEBRUARY 5 – Hans (Jon)

Stroosnyder escorts and assists those interested in getting a Thai driving license usually on the first Wednesday of the month. Hans normally departs at 9am from The Tavern by the Sea restaurant (Club's Sunday meeting place). For more information and to confirm the trip is on schedule as it is subject to change, call Hans at 085-218-1773, or email him at khun.hans@gmail.com.



See the [Vehicles page](#) on the Club's website for information on the process and the documents needed.

IPHONE AND ANDROID USERS GROUP MEETING – ARE YOU INTERESTED? – As a

result of several requests, this special interest group will have signup sheets for two separate meetings at this Sunday's PCEC meeting – one for the iPhone and the other for Android phones. The sheets are to determine if there is enough interest from iPhone and/or android phone users to schedule the meetings. Each meeting will be held in the Markland Meeting Room which will require a 100 Baht contribution to cover the cost of the meeting room (a minimum of 10 people signing up and paying the contribution will be needed in order to have a meeting. They will try to get "Magic" Howard Posener to direct the android phone meeting and a couple of experts to direct the iPhone meeting. So if you are interested in a brief discussion of the newest Apps along with a longer period for questions, please put your name and contact information on the signup sheet for the meeting you are interested in.



MANTRA VALENTINE DAY DINNER ON FEBRUARY 14 -- The Mantra is offering a set menu for two on February 14 for Valentine Day. The cost 4,999++ Baht per couple - PCEC members should receive a 20% discount. [Click here](#) for menu. For more information or reservations, send email to emai@mantra-pattaya.com or call 038-429-591.



COCO'S BISTRO VALENTINE DAY DINNER ON FEBRUARY 14 -- Favored restaurant

Coco's Bistro is offering a 3 course dinner for two with a half liter of red or white house wine for 1,600 Baht (prepay by February 7). Visit [here](http://www.cocospattaya.com/promotions/) for menu: <http://www.cocospattaya.com/promotions/>. Please note, since this is a promotion, the Club's 10% discount will not apply (it should apply to any other non-promotional menu items and drinks). For more information and location map, visit <http://www.cocospattaya.com/>.



MAGIC HOWARD AT THE MANTRA EVERY WEDNESDAY NIGHT - From 7 to 9pm,

you can be entertained by his clever magic tricks and worry that you still have your watch - and hear the explosive laughter from each table as he moves around the restaurant. He has promised new and more amazing tricks to entertain you each Wednesday night. "Magic" Howard Posener is a long time PCEC member – so come to the Mantra this Wednesday evening, have a good meal, and enjoy entertaining magic.



[Return to Contents](#)

General Announcements

The following announcements are of general interest to most Expats and Foreign Visitors to Thailand

CHINESE DRAGON DANCE PERFORMANCE ON FRIDAY, JANUARY 31 – Friendship

Market on Pattaya Tai (South Road) always celebrates Chinese New Years with dancers performing the Chinese Dragon Dance. This year is no exception. We have been informed that there will be two performances, one at 2pm and the other at 7pm. They take place in the parking area in front of Friendship Market.



CHINESE NEW YEAR CELEBRATIONS ON FRIDAY, JANUARY 31—It is the Year of the

Horse. Although not a public holiday, it is popular in Thailand and there will be various celebrations in many localities. The Tourism Authority of Thailand (TAT) has lined up several celebrations to mark the Chinese New Year 2014 from 24 January to 4 February at various major destinations across Thailand, including Bangkok's famous Yaowarat Road, one of the world's largest Chinatowns - See more at: <http://www.pattayamail.com/travel/thailand-to-organise-chinese-new-year-2014-celebrations-33766#sthash.DdOysoDO.dpuf>.



THAI ELECTION DAY, SUNDAY FEBRUARY 2 – The Election Commission of Thailand bans

the sale of alcohol at any retail outlet, and the serving of alcohol in all bars and restaurants, during elections. This applies to all elections, be they local, municipal or national. **The blanket ban on alcohol is from 6pm Saturday until midnight on Sunday**, as elections are held on Sundays. From the latest news it appears that the planned election day on February 2 will not be postponed. Therefore, expect the alcohol ban to be in place this weekend – many entertainment venues close during this period – others may be open, but will not be serving alcoholic drinks.



U.S. EMBASSY SECURITY MESSAGE REGARDING BANGKOK DEMONSTRATIONS –

Update January 30, 2014: *This is to advise U.S. citizens residing in or traveling to Thailand that political activists have announced plans to continue anti-government protests in Bangkok and possibly other parts of Thailand leading up to and during parliamentary nationwide elections scheduled for this Sunday February 2nd. These protests may cause significant and possibly widespread disruptions and transportation delays around Bangkok. In Bangkok alone there are over 3,000 polling locations, normally situated in Thai municipal buildings and local schools. Some of these locations may be the focus of protest activity and added police protection. We strongly advise U.S. citizens to be alert and avoid protests, demonstrations, and large gatherings. While the ongoing protests have been generally peaceful, some have resulted in injury and death. The situation can change rapidly. It is important to pay attention to local news and media reports.*



Update January 21, 2014: *This is to advise and update U.S. citizens residing in or traveling to Thailand that the Thai government on January 21 imposed a 60-day state of emergency in Bangkok and several surrounding provinces, effective January 22. The decree provides the government additional authorities to deal with security challenges, such as impose curfews, ban certain assemblies, detain suspects without charge, and restrict information. The government has not yet specified what authorities it will invoke under the decree. We continue to advise citizens to avoid*

protests, demonstrations and large gatherings. For the January 20, 2014 announcement visit: <http://www.pcecnews.com/tmpNL/Embassy-1-21-14-Notice.pdf>.

BANGKOK THAI IMMIGRATION ANNOUNCES ADDITIONAL OFFICES DURING THE DEMONSTRATION SITUATION

The following announcement was posted on Thaivisa.com: *Due to the demonstration, please be known that Immigration Services for all foreigners are also provided at: 1. Immigration Service Center for 3 national Legalized Labors, Major Hollywood Suksawat, 1st Floor, Suksawat Road, Ratburana, Bangkok. [Click here to view a map](#) 2. Immigration Service Center for 3 national Legalized Labors, Imperial World Ladprao, 5th Floor, Ladprao Road, Wang Tong Lang, Bangkok. [Click here to view a map](#). This temporary service will be started from January 13rd, 2014 until the better situation. We apologize for inconvenience. Service time : Mon – Fri : 10.30 – 18.30 . Closed on OFFICIAL HOLIDAYS*



DEMONSTRATIONS IN BANGKOK CAUSING MANY CANCELLATIONS

If you plan to attend any events in Bangkok, you may wish to verify that they have not been postponed or cancelled because of the ongoing demonstrations. Also, if you are not an expat, but plan to visit as a tourist during the period of the Emergency Decree, check the fine print of any insurance policies you plan to rely on as many may exclude coverage to destinations that are under such decrees or Embassy travel warnings.



FEBRUARY 1, SATURDAY – TFI FUN EVENT FOR CHARITY AT ACCESS INN

The 4th TFI charity night event takes place on Saturday 1st Feb from 7 p.m. at Access Inn on Pattaya 3rd Road at the junction with Soi Lengkee. The theme for this event will be “Top of The Pops” featuring the best music from 1980 all the way up to 2013. Tickets cost 400 baht in advance or 500 baht on the door and include a free-flow of bottled San Miguel Light and Heineken (while stocks last). Food snacks will also be on sale at the venue. Advance tickets can be purchased from Nick the Pizza by calling 038-373-418. All proceeds from the event will be donated to Operation Smile Thailand and other local charities. For more information, visit: <https://www.facebook.com/funcharityevents>.



FRIDAY, FEBRUARY 14 IS MAKHA BUCHA DAY (PUBLIC HOLIDAY)

This is an important Buddhist Holiday which in Thailand is also a public holiday. There will be many ceremonies at Temples and people making merit. Most businesses will be open, but the sale of alcohol may be curtailed at entertainment venues and stores. Main bank branches and Government Offices including Immigration will be closed.



PILC PRESENTS AN AFTERNOON OF CLASSICAL MUSIC ON THURSDAY, FEBRUARY 20

Featuring noted pianist, Regina Albrink renowned Dutch-born soloist and chamber musician performing the works of Schubert and Chopin at the Royal Cliff Beach Resort Rainbow Room at 12 noon (seating will begin at 11:45 am). Tickets are 500 Baht per person. Ms. Albrink’s vast body of work includes performances of classical and neoclassical concertos as well as the romantic virtuoso repertoire. She regularly performs throughout Europe, and for the past decade she has taken part in several theater productions centered around Chopin. Your entrance fee includes coffee and a snack, plus a 10% discount at any Royal Cliff Hotel restaurant. For reservations, please email: presidentpilc@gmail.com.



[Return to Contents](#)

What's happening in and around Pattaya

*This is a listing of upcoming events in Pattaya, Bangkok, and elsewhere. **Inclusion of commercial events does not mean that the PCEC endorses the companies or their products.** The events listed come from various sources. We usually list a telephone number, email address, or website to obtain additional information about the event. Since the events are subject to cancellation or change, you may wish to confirm the information before attending the event.*

IF YOU KNOW OF ANY UPCOMING EVENT NOT LISTED, PLEASE LET US KNOW SO THAT WE MAY PUBLISH IT – EMAIL THE INFORMATION TO NEWSLETTER@PATTAYACITYEXPATSCLUB.COM

COMING UP THIS WEEK

A listing of events for the coming week – see details in *Announcements* or upcoming events.
These are in the Pattaya area unless otherwise noted

- **Friday, January 31 - Happy Chinese New Year - Year of the Horse**
- **Friday, January 31 - Chinese Dragon Dance in front of Friendship Market**
- **Friday, January 31 - PTT Pattaya Open continues - ends Sunday**
- **Friday, January 31 - Thailand Int'l Jazz Conference begins - ends Sunday (Bangkok)**
- **Saturday, February 1 - TFI fun event for Charity**
- **Sunday, February 2 - Thai Election day - no alcohol from 6pm Saturday to midnight**
- **Wednesday, February 5 – Thai driving license assistance trip to Land Office**
- **Wednesday, February 5 – Magic Howard at the Mantra**

EVENTS IN AND AROUND PATTAYA

EVERY TUESDAY, PATTAYA CHESS GROUP – The group meets every Tuesday from 7pm to 11pm in the German restaurant “Brauhaus” (2nd Road between Soi 7 and 8 – opposite soi that goes to Pattaya Memorial Hospital).

EVERY MONDAY, WEDNESDAY, & FRIDAY - THE PATTAYA BRIDGE CLUB meets at The Alto Restaurant, 2nd floor, Thapraya Road. Starting from the “Flyover Bridge” you drive towards the Jomtien approximate 150 m and you find the Alto Restaurant on the right side (the sea side). They meet at 1pm. For more information and a map visit the website <http://pattayabridge.org> or call Jeremy Watson mobile 085-818-2172.

FLOOR BALL IS PLAYED EVERY SUNDAY AND THURSDAY – Floorball (like hockey) is played every Sunday (9:30pm) and Thursday (7:00pm) at Khopai soi 10 near Theprasit. They have all the equipment, free to use, and have players from all over the world. Join them on Facebook: <https://www.facebook.com/groups/PATTAYAFLOORBALL/>

PSC BADMINTON CLUB ON MONDAYS & WEDNESDAYS – The PSC Badminton Club announces that they will meet on Monday evenings from 6pm to 8pm and Wednesday mornings from 9am to 11am at the Ambassador City Hotel Sport & Health Center, Sukhumvit Road. Cost is 100 Baht per session (includes court and New Shuttlecocks) - Racquets available for hire 50 baht. They request that you wear gym clothes and appropriate foot wear. Please email or sms in advance with: Your Name, Your Phone number, SESSION you wish to attend (i.e. Monday or Wednesday). For more information, contact Guy Brennan by Email: pscshuttle@gmail.com or by Phone: 083-298-0247.

LAST SUNDAY OF THE MONTH - QUIZ NIGHT TO BENEFIT TAKE CARE CHARITY at Bondi Beach Bar & Guest House, Dongtan Beach. The quizzing starts at 9pm. For more information visit their [website](#). Bondi also has a *Thais4Life Book Stall* which is open daily, with books for 80 Baht, all proceeds go to the *Thais4Life* charities. You can also drop off any unwanted book donations.

NOW TO FEBRUARY 2, SUNDAY - PTT PATTAYA OPEN (TENNIS) – WTA professional women's tennis tournament is scheduled at the Dusit Thani Hotel, Pattaya. It will be a line-up of stars for this 23rd edition of the tournament, which is one of the longest running events on the WTA Tour and is tremendously popular with the players and spectators alike. For more information, visit <http://www.pentanglepromotions.com/Ptt-Pattaya-Open/Ptt-Pattaya-Open-2014/en/> and <http://www.wtatennis.com/tournaments/tournamentId/237/title/ptt-pattaya-open>. For ticket information, visit <http://www.pentanglepromotions.com/Ptt-Pattaya-Open/Ptt-Pattaya-Open-2014/en/ticket.php>

MARCH 7, FRIDAY TO MARCH 9, SUNDAY - ISSAN FESTIVAL 2014 – The culture of northeastern Thailand will come to life in Pattaya for three nights on Pattaya Third Road. The event will feature a parade, performances from actor Nadej Kokimiya and country music singer Ying Lee, general Issan music, and sales of northeastern products. The event will also showcase a “phi ta khon” scary-ghost dance competition with winners receiving more than 100,000 Baht in prizes. Part of the proceeds from the event will be donated to AIDS patients at Phra Bat Numpu Temple in Saraburi.

EVENTS IN BANGKOK

MUSIC, ART, AND OTHER EVENTS IN BANGKOK – Although we highlight some events, there are too many to include everything that is going on. Visit this website for a list and description of many upcoming events: <https://sites.google.com/site/bkkmacaldetails/home>.

COLLEGE OF MUSIC, MAHIDOL UNIVERSITY EVENTS CALENDAR – There are many events throughout the year. For their shuttle bus to/from Wongwian Yai BTS Station, visit: www.music.mahidol.ac.th/salayalink. For their calendar of events for 2013, visit their website at: http://www.music.mahidol.ac.th/userfiles/file/programbook_2013_N01.pdf

NOW TO FEBRUARY 9, EVERY SUNDAY – BSO'S CONCERT IN THE PARK SEASON 21 – Every Sunday at 5:30pm, the Bangkok Symphony Orchestra performs in the beautiful setting and relaxing atmosphere of Sala Bhirom Bhakdi, Lumpini Park, Bangkok; it is easily accessible from MRT Silom Station Exit 1 or Lumpini Exit 3 (cross Wireless to the Park entrance). Bring along families, friends and your hamper baskets (alcohol not permitted in the Park) and enjoy popular tunes from the classics, pop classics, movies, Broadway and legendary Thai songs with outstanding guest vocalists. Admission is Free. For more information please call 02-255-6617-8 or visit <https://www.facebook.com/bangkoksymphony> (Thai).

JANUARY 31, FRIDAY TO FEBRUARY 2 SUNDAY– THAILAND INTERNATIONAL JAZZ CONFERENCE 2014 – Well known for bringing in superb-quality jazz music, TIJC will once again feature the greatest jazz musicians of our time from all over the world. Top quality local jazz artists are also featured to make this Jazz Conference complete with great variety and quality. This event's conferences at 10am are 500 Baht per day. The 6:30pm performances are 800 Baht per day. A three day pass is 3,000 Baht. It will take place in the Music Auditorium Mahidol University Salaya. More information, including a complete schedule and tickets are available at ThaiTicketmajor outlets, by calling 02-262-3456 or by visiting <http://www.thaiticketmajor.com/concert/concert-detail.php?sid=2190&la=en>

FEBRUARY 9, SUNDAY TO FEBRUARY 10, MONDAY – DAN NO URA OPERA – Dan-no-Ura is an opera about the Battle of Dan-no-Ura, one of the most celebrated naval battles of all time along with the Battle of Actium and the Battle of Trafalgar. The events are loosely adapted from the epic Japanese novel The Tale of the Heike and other literary works such as Kwaidan by Lafcadio Hearn. The action of the opera takes place against a very fluid backdrop, as though the audience were a moving observer or even a camera, able to pan and tilt through the mêlée and to zoom in on important scenes. The bulk of the opera is in one long scene and takes place over the course of a single day, with a brief prologue. Length of performance is approximately 95 minutes with no intermission. On the 9th at 2pm & 8pm and on 10th at 8pm at the Thailand Cultural Centre Main Hall - Tickets 2,000, 1,500, 1,000, and 500 Baht. More information and tickets are available at ThaiTicketmajor outlets, by calling 02-262-3456 or by visiting <http://www.thaiticketmajor.com/concert/concert-detail.php?sid=2218&la=en>

FEBRUARY 21, FRIDAY TO FEBRUARY 23, SUNDAY - ALADDIN, THE MUSICAL – It is presented by the Satit Bilingual School of Rangsit University, conducted by Eugene Eustaquio at the Aksra Theater King Power in Bangkok. This is their 6th annual English speaking musical production. Tickets are Baht 3,000, 2,500, 2,000, 1,500. Early bird discounts apply to 31 December. A portion of the proceeds will be donated to the Organization of the United Nations Children's Fund (UNICEF). Performance times are 2pm & 7pm on the 21st, 7pm on the 22nd and 4pm on the 23rd. For more information please email music@sbs.ac.th or call 02-792-7584 (English) and 02-7927500-4 (Thai). Tickets are available at ThaiTicketmajor outlets, by calling 02-262-3456 or by visiting <http://www.thaiticketmajor.com/performance/performance-detail.php?sid=2155&la=en>.

FEBRUARY 26, WEDNESDAY TO MARCH 1, SATURDAY – JEKYLL & HYDE MUSICAL (in English with Thai subtitles) – Presented by the Music Theatre Department, College of Music, Mahidol University presents its annual full production, featuring the famous Broadway musical Jekyll & Hyde performing with live orchestra. This dark and dangerous love story from Tony and Grammy Award nominee Frank Wildhorn (music) and Oscar and Grammy Award winner Leslie Bricusse (lyrics) includes the classic musical songs; "This is the Moment", "A New Life" and "Someone Like You". Presented on the 26th & 28th at 7pm and on March 1st at 7pm in the Music Auditorium Mahidol University Salaya – tickets are 1,500, 1,000, 750, 500, and 300 Baht. For reservations please call 08-1987-1575 or 09-4494-9477.

FEBRUARY 28, FRIDAY – MUSICAL MISS SAIGON – Concert by The New Broadway Company (Bangkok Grand Opera) at 8:30pm at the St. Regis, Bangkok – 1,650 Baht includes tapas and unlimited white, red and sparkling wines and selected cocktails. For more information or to make a reservation please call 02-207-7777 or email fb.bangkok@stregis.com.

[Return to Contents](#)

Last Week's Meeting

If you thought that raising money for charity in Thailand is hard work, you're right. It is. But it can be fun too. Paul Strachan, who spoke last Sunday, is one of six well known members of the Pattaya expats community who created TFi, the Thai Farang Initiative. TFi believes in having fun while raising money for charity.

TFi is relatively new. It organised its first fund-raising event in August 2012.

The six expats wanted to do something different from what other organisations are doing. Each of the expats brought different skills to the party, such as logistics, promotion and graphic design. They wanted to create an organisation that would be transparent in its operations, and able to connect with both the community and its sponsors.

TFi has tried to make each of its fundraising events different. The first event was a 80s music night. Over 230 guests paid 400 Baht for three hours of dancing and drinking, and raised 153,000 Baht for various charities.

Paul explained that TFi distributed the proceeds from the event in different ways. For example, TFi teamed up with the Rotary Club Eastern Seaboard. TFi and Rotary each pledged 20,000 Baht to buy 40 clean water filters for poor families at Chumchim School near Maprachan Lake.

In addition, TFi joined forces with Pattaya Sports Club to rebuild a man's sidecar so that he could make a living and provide for his family (see photo). Finally; TFi helped a couple with three children build a new roof on their home; and TFi donated 50,000 Baht to Operation Smile to help children with facial deformities.

The second event, a disco evening, raised 70,000 Baht. This event had a sole sponsor – Compass Real Estate – so, the sponsor got to decide where the bulk of the funds were to be donated. They selected Dr Philippe Seur who treats people living with HIV. Dr Seur received 53,000 Baht. Paul said that the money would cover HIV treatments for 20 patients for one month. However, Paul added, Dr Seur has 200 patients. That just shows how great the needs are.

The third event was a jolly kids Christmas at Jameson's. Even though the event had no entrance fee, it raised 50,000 Baht thanks to the sponsors.

Paul said that sometimes City Hall staff gets involved in efforts to help people. TFi was helping a woman who had been bedridden and had had little to eat. City Hall staff pitched in to cook a nice dinner for her.

Paul said that TFi will continue to make fun events for charity in 2014. "We welcome all ideas for events and are seeking new projects to support. We are also seeking new sponsors."

In terms of promoting its events, Paul said that Facebook is a very useful vehicle for getting the word out quickly.

For more information about TFi, visit their website at www.tfi-events.com, youtube at <http://www.youtube.com/watch?v=11pCVO8b3SI> or send an email to info@two-events.com. For their latest planned event, visit <https://www.facebook.com/funcharityevents>.



The TFi logo.



TFi teamed up with Pattaya Sports Club to rebuild this man's sidecar.



TFi donated funds to Operation Smile to help children born with facial deformities.



At the jolly kids Christmas event, the kids got free entrance, complementary food and drink and a gift from Santa; and they were entertained with face painting.

Club Membership

Membership is open to all. See Judith Edmonds [before or after the meeting program](#) for renewal of your card, or for a new membership card. For renewal, give Judith Edmonda your expired card. For a new membership, get the application form from Judith or download from the Club's [website](#).

At the Sunday meeting, you can ask Judith to take your digital photograph if one is not already on file in the database. Photos will be used solely for the purpose of membership records and printing the membership card. You can also supply your own if you wish. If sending your own, we request that it be of good quality and shows the full face and shoulders (passport – identity card style photo) in .jpg file format. You can attach it to an email to judithpcec@gmail.com.

The annual membership contribution is 400 baht. This contribution funds the Club's operations so that it continues as a non commercial social organization. You may, if you wish, extend your membership period for a longer period, e.g., 800 Baht for two years, 1,200 for three years, and so on.

In addition to getting priority for periodic excursions and to use the DVD lending library, your membership will also entitle you to discounts at the Club's featured restaurants listed in the Dining Out section of the Newsletter, at both Bangkok Hospital Pattaya and Phayathai Sriracha Hospital, and other businesses listed in the Club Benefits section of the Newsletter. Also, as mentioned in the Health Issues section of the Newsletter, members that qualify can obtain lower cost health insurance through the Club's group health policy.

[Return to Contents](#)

Club Activities

The PCEC offers an opportunity for everyone to become involved in mid-week informal groups covering many interests. If you have an interest or idea to start a new group, please discuss it with a member of the Governing Board and we will help you publicize it. The groups usually meet as scheduled, but it is always a good idea to contact the host to be sure of the date, time, and location.

NOTE: These are activities organized by club member(s) and not by the PCEC. If they are operated in accord with the Club's adopted Activities Policy, the PCEC will facilitate their activities by providing information at the meetings, on the website, and/or in the Newsletter.

GENEALOGY SPECIAL INTEREST GROUP (BUILDING A FAMILY TREE) -- Their aim is to share information on how to go about building a family tree. Ian Frame is coordinating the Group. The Group does not have regular meetings, but rather keeps up to date on their mutual interest through distribution of a Newsletter. This newsletter aims to provide genealogy related articles, historical photographs, and useful Internet links. Any member having genealogy related information to share, or specific queries, merely forwards it to the Genealogy Newsletter by email to ian.frame@gmail.com. Meetings will only be convened if members feel that there is a need to address a specific issue.

RAISING AWARENESS GROUP – Meets Mondays at 1pm in the Markland's 3rd garage floor Meeting Room. The meetings are open to anyone who is interested in exploring the thoughts and words with which you allow your life to be controlled – and how an understanding of the use of those words can change your life, and people's perception of you. If you have any questions about the Group please contact Bruce at 080-053-6360, or by email at brucebangkok@yahoo.com. If you have any questions about how to get to the Markland or the Meeting Room, please call Richard Smith at 089-244-9523 or 038-412-197.

DISCUSSION GROUP – Meets Weekly on Monday. The original Discussion Group was started in 2004 under the aegis of Thor Halland and has been meeting weekly ever since. With no set agenda, it offers a freewheeling and sometimes vigorous discussion on any subject which participants care to engage in such as political events in the world, history, religion, esotericism, wars, past and present conflicts etc. The only taboo is subjects which are considered sensitive in our host country Thailand. The Discussion Group currently meets every Monday at Shagwell Mansion, soi Arunotai from about 11.30 am or 12 noon and lasts as long as there are participants remaining. For more information please contact Thor Halland at 087-128-7020 or Michel de Goumois at 081-525-1296

SPANISH CONVERSATION GROUP - Meets the first and third Wednesdays of the month at 1pm at the Diamond Café located on the corner of South Pattaya Road and Third Road. This is a newly formed group for those that are interested in practicing their Spanish. For more information, email Al Serrato at alsdeman@yahoo.com,

FRUGAL FREDDY DINNER GROUP - Usually eats out weekly. Your organizer and host is Hawaii Bob Sutterfield. Their goal is finding good restaurants at very reasonable prices. Bob usually arranges a 20% discount for all in attendance and for those that are PCEC members to receive a similar discount for future visits to that restaurant, but in addition to showing your membership card, you also need to tell them you are part of the Frugal Freddy group. You can contact Bob by email to be put on his mailing list or for more information or a current listing of participating restaurants: hawaiibob4you@yahoo.com .

GOLFING GROUP – Meets weekly on TUESDAY. John Williams is your host. No reservations are required. Contact John for information on cost and how to have fun playing Bingo, Bango, Bongo. Everyone is welcome. John can be contacted by phone at 092 324-5557 or by emailing him at jmwpga@aol.com.

THE BREAKFAST GROUP – Weekly on WEDNESDAY starting at 10am. Your Hostess is Marjorie Blissett. The group meets at the Haven Restaurant on Soi 13, which is a one-way soi from Second Road to Beach Road. The Haven is on the south side of the soi, and there is parking to the right of the restaurant. There's an extensive breakfast menu, very good food at a very reasonable price.

TOUCHY TOPICS GROUP - Weekly on THURSDAY 1pm to 3pm - The format includes current topics of the week as well as a discussion on a controversial topic selected by the host, a member, or a guest. The topics are always thought provoking and subject to lively discussion. The group meets at Shagwell Mansions, across from Carrefour in Soi Arunothai. Contact David Dallimer at 080-638-3510 or email daviddallimer@hotmail.com.

MEMBERS' DINNER – MONTHLY, usually on a WEDNESDAY during each month. Michel de Goumois and Al Serrato select the location and coordinate the dinner. The location and date of the next Members' Dinner will be posted in the *ANNOUNCEMENTS* Section. Unless otherwise announced, the Members' Dinner starts at 7pm. To offer suggestions for our next members' dinner or for more information, please contact Michel de Goumois at 081-525-1296, or Al Serrato at 087-036-0625, or email info@pattayacityexpatsclub.com or see Michel or Al at our Sunday meetings.

FRIENDS OF YOUTH GROUP –Meets PERIODICALLY. This Group assists the Friends of Youth organization, which undertakes events to better the lives of Thai youth in Pattaya. This is done by periodic outings such as fishing trips, shopping trips, and other events. If you are interested in joining the group and participating in their activities, contact “Hawaii” Bob at hawaiibob4you@yahoo.com. The following links are to some recent articles on the Friends of Youth activities: [Christmas shopping](#) and [fishing trip](#).

IPHONE, IPAD, AND GALAXY SMARTPHONE GROUP – Meets periodically. Richard Smith coordinate the activities of this Group. They usually meet in the Markland Haad Sai Room when there is enough interest. The sessions are usually conducted by member Howard Posener with the assistance of others. There is usually a signup sheet when a meeting is being planned. Also, an advance deposit of 150 baht per person is required to confirm your reservation when a meeting is scheduled. It is used to cover the cost of the meeting room and other expenses; any funds collected in excess of these costs are donated to the Mercy Center. If you have any questions or need more information about the meeting, please contact Richard Smith at 089-244-9523 or by email at [rick2mail@gmail.com](mailto:rnick2mail@gmail.com).

BLUE WATER SAILING GROUP – Meets PERIODICALLY. This group is hosted by member Nathan Russo for those that are interested in blue water sailing. Nathan spends his time between Thailand and USA. See Club Announcements for any planned activities and sailing plans. If you are interested, contact him at Ncrusso1@gmail.com or telephone him at 085-275-6724.

BANGLAMUNG DISTRICT CROSS CULTURAL VOLUNTEER GROUP – See *CLUB ANNOUNCEMENTS* for an update on the start of new classes. The Banglamung Volunteer Group asks Pattaya City Expat Club members to volunteer to help Thais improve their English conversation ability through their “English Conversation for a Better Life” program. The Group is always in need of additional teachers or helpers to work with the students, or to fill in when the regular teachers are away. If you or a friend are interested in participating as a helper or a Volunteer, please list your name on the sign-up sheet at this Sunday's meeting, and you will be contacted and receive more information and class information as it becomes available. If you become a volunteer, a special Banglamung District Cross Cultural Volunteer Group ID card will be made for you. If you have any questions or want more information about the program, please contact Richard Smith at 038-412197, 089-244-95323, or by email at rick2mail@gmail.com or call Khun Sermsakdi at 081-307-5614 or see him at our Sunday PCEC Meetings.

[Return to Contents](#)

Services Available

This section lists various services offered by the Club or by members of the Club.

DRIVING LICENSE ASSISTANCE – Member Hans (Jon) Stroosnyder will escort and assist those interested in getting a Thai driving license. Hans usually departs at 9am from The Tavern by the Sea restaurant (Club's Sunday meeting place) on the 1st Wednesday of the month. For more information, call Hans at 085-218-1773, or email him at khun.hans@gmail.com. See the [Vehicles page](#) on the Club's website for information on the process and the documents needed.

VISA ASSISTANCE – If you need or want some information on requirements to enter or remain in Thailand on a long stay basis, visit the Club's [website](#) and select the Visa & Immigration Page. If you still have questions or need assistance regarding remaining in Thailand on your present visa or visa exemption, please contact member Darrel Vaught who provides Visa Assistance Information at the Sunday Meeting or email him at Darrel-pcec@inbox.com.

A DVD LENDING LIBRARY – Hawaii Bob Sutterfield usually has 120 of his collection of over 500 DVD movies at the Sunday meeting to share with members. A current membership card will allow you to borrow DVDs. As a general rule, Bob's "help" get the day off if there is a fifth Sunday during the month – in that case, no DVD's are on offer.

BOOK EXCHANGE – This is a popular service started by member Roger Fox and now undertaken by member Hawaii Bob Sutterfield for the benefit of fellow members and guest – it is a "book exchange," so please remember that the general rule is to bring a book to exchange for another. As a general rule, Bob's "help" get the day off if there is a fifth Sunday during the month – in that case, no books will be available.

CLASSIFIED ADS FOR EXPATS – Club member Hawaii Bob Sutterfield has created classified ads for Expats, which he sends out by email to those requesting it. A portion of these ads are posted on the Pattaya City Expats Club webserver as a service for those that may be interested. Please note, the Club makes no assertions as to the accuracy or reliability of the items listed and makes no warranties or guarantees regarding products or services advertised. If you have any ads you wish to place or have any problems or concerns about the ads listed, contact "Hawaii" Bob at hawaiibob4you@yahoo.com. [Click here](#) to see the posted ads.

[Return to Contents](#)

Club Benefits

Certain businesses offer discounts to Pattaya City Expats Club Members. Show your membership card to get the discount.

TWO GROUP HEALTH INSURANCE POLICIES ARE AVAILABLE – One policy will provide coverage if you are 59 ½ years of age or younger but once you have it, it will continue until age 65. The other policy will accept applicants to age 65 and will continue coverage to age 75. If you are interested in either group policy. Khun Olé with AA Brokers is usually present at the Sunday meeting at 10:30am. Kuhn Neng, broker for the 2nd policy is usually present from 11am till noon. The **Group Health Insurance** page on our website summarizes the two group policies.

BANGKOK PATTAYA HOSPITAL (BHP) OFFERS DISCOUNTS TO PCEC MEMBERS AND THEIR FAMILIES – When you obtain your BHP ID or if you haven't done so already, show them your membership card on your next visit, you will be entered into BHP's computer as a PCEC member. As a PCEC member you and your family members will get a 10% discount on room rates, medication and prescribed drugs, and 10% off on dental treatment and 5% on prosthodontic and endodontic dentistry. See the Health Issues Section for current promotions if any.

PHAYATHAI HOSPITAL SRIRACHA OFFERS DISCOUNTS TO PCEC MEMBERS - Club members now receive a 10% discount on medicines (inpatient and outpatient), main physical check up, CT, and MRI scans. See the Health Issues Section for current promotions if any and how to contact Gavin Waddell, International Marketing Representative who can assist you in making an appointment.

ART IN PARADISE MUSEUM OFFERS PCEC MEMBERS A DISCOUNT ON ADMISSION – Admission to Pattaya's Art in Paradise Museum will be 100 Baht per person upon presentation of your PCEC membership card. Normal admission is 300 Baht adults, 200 Baht children. The manager suggests the best times to visit to avoid the crowds are between 9 and 10am in the morning and after 6pm in the evening (closes at 9pm). Art in Paradise Pattaya is a great place to visit because it is the first and only illusion art museum. Visitors can enjoy the museum interactively by taking photos of your posing as part of the 3D illusion painting or even touching the painting. They are located in North Pattaya off of 2nd Road – going north, after passing Soi 1 (on your left), take the next Soi to the right (before you reach the Shell Station). Visit them on Facebook – [Click Here](#) or You Tube – [Click Here](#) For more information – [Click Here](#)

TEDDY BEAR MUSEUM OFFERS PCEC MEMBERS A DISCOUNT ON ADMISSION – The recently opened Teddy Island (Teddy Bear Museum) offers PCEC members a discounted admission price – 150 Baht per person (regular admission is 500 Baht). The museum is in the Markland located at Soi 1, Pattaya Beach Road, a short distance south of our meeting place, the Amari's Tavern by the Sea. Visit them on [YouTube](#), [Facebook](#), or [Website](#) (in Thai). For more information, email info@teddyisland.co.th.

AROY ITALY SPECIALTY SHOPS DISCOUNT – There are two shops, one near the King Power store on Sukhumvit Road and the other on the new Jomtien 2nd Road (at Jomtien Soi 5 next to the 7-11 – sign says “Eatalay” - Soi 5 is where Immigration is located). They specialize in Italian delicacies (meats, cheese, wine, etc.). They also offer wine tasting. Club Members receive a 10% discount – just show your membership card. They are open from 9am to 8pm. The Sukhumvit location has a larger selection of items.

10% DISCOUNT AT U-STORE-IT – U-Store-it is a secure storage facility. They will also pick up and deliver with various sized storage units for small items up to a garage big enough to store the contents of a 2 bedroom house. They have a covered secure car park available. Show your PCEC membership card for a 10% discount. Telephone: 090-120-4204. Visit their website at <http://www.ustoreitpattaya.com/> and view a video on You Tube at: <http://www.youtube.com/watch?v=IloOGjMJrc>.

IRISH AIRCON CO. AND IRISH RENOVATIONS CO. PROVIDES DISCOUNTS TO PCEC MEMBERS – PCEC Members receive a 10% discount on air conditioning service, maintenance, or repair including labor time on any job (no discount on Freon gas as it is provided cost) and 5% discount on new air conditioners bought from the company. For work done by Irish Renovations (carpentry, painting, flooring, plumbing, plastering, tiling, electrical, etc.) members will get a 5% discount. For more information on air conditioning service– contact Irish Aircon telephone 089-608-7808, email info@irishaircon.com, or visit www.irishaircon.com. For more information on renovations, contact Irish Renovations telephone 087-784-0570 or visit <http://www.irishaircon.com/irishrenovations/aboutus.php>.

BLACK STAR JEWELRY OFFERS 10% DISCOUNT TO CLUB MEMBERS – Black Star Jewelry offers a 10% discount to Club Members on silver and gold jewelry with gemstones from their showroom in Jomtien. They are also specialists in commissions, requests to make rings, earrings, pendants and bracelets to a design or budget. They stock costume & fashion jewelry, golf and sporting jewelry and beautiful gifts. Their showroom is in View Talay Condominium Five, Building C, Dongtan Beach, off of Jomtien Second Road (formerly Thappraya Road) near the Jomtien Complex. Directions: On Jomtien Second Road, going North up the hill from the Hanuman Statue towards the Thepprasit Road traffic lights, pass the Jomtien Complex on your left, then take the next entrance on the left to the Avalon Hotel and View Talay Condo 5. Go past the first large condo on your right and park at the second large condo which is Building C. The showroom is on the ground floor, number 27. Call 087.062.9672 for information and collect their brochure at the Club on Sunday mornings for photos and more information.

10% DISCOUNT ON WASP SECURITY'S ELECTRIC FENCES – Wasp Security offers PCEC members a discount on their electric security fences. For more information, visit their website at www.wasp-security.com or contact Mike Rust at their office number 02-392-4162 or mobile 081-816-2069. You can also fax 02-392-4164.

DISCOUNT AT C & T OPTICAL – Member reports that you will receive a 10% discount if you mention you are a PCEC member - it is opposite Pattaya City Walk on 2nd Road.

DISCOUNT AT EURO OPTICS – Member reports that you will receive a 10% discount if you show your membership card – it is opposite Royal Garden on 2nd Road.

NOVACARE PRODUCTS OFFER DISCOUNTS TO PCEC MEMBERS ON THEIR COCONUT OIL PRODUCTS – Fellow member Jinn Choi, advises that Novacare coconut products including virgin coconut oil, shampoo-conditioner, and herbal soap are available to PCEC members at a special 35~40% discount - put your member card number with your name on their purchase order sheet. For more information, contact Khun Choi at 02-905-0961 Fax 02-905-0957, mobile 089-440-0010 or email jinnchoi@hotmail.com.

FAIRTEX SPORT CLUB & RESORT IS OFFERING PCEC MEMBERS A DISCOUNT-

Fairtex offers a 10% discount to PCEC members on some of their packages. Fairtex is located on Pattaya Nua (North Road) a short distance past the Dolphin traffic Circle. You can visit their website at <http://www.fairtexpattaya.com/>.

[Return to Contents](#)

Member Supported Charities

The club encourages its members to be active in supporting charitable organizations. This section assists their efforts by providing information on some of these charitable activities.

PATTAYA ORPHANAGE AND MERCY CENTER – At Christmas time, member Judith Edmonds is usually collecting donations for the benefit of Pattaya Orphanage and for the Mercy Center. For the past few years, Khun Toy with the Orphanage has arranged for the Children’s Choir to entertain us during the Club’s annual Christmas Program in December. Judith arranges for Jolly Ol’ Saint Nick to hand out presents to the children choir and for Khun Toy to take gifts back for the other children at the orphanage. Likewise, Judith arranges for gifts to be given to the children at the Mercy Center.

EYE GLASSES FOR THE NEEDY - Member Dave Anderson has been collecting eyeglasses and frames for re-cycling and distributing to needy people in Thailand and Pattaya. He recently brought 2000 frames and lenses for distribution in Thailand through the Pattaya YWCA, City Hall, and his connection with a country wide program. There is always a need - if you have any old glasses or frames around, please bring them to the meeting, give them to Richard Smith. On Dave's latest visit, we gave him the eyeglasses received (about 50 to 60), which he said would be donated to the Eyeglass Bank Project.

[Return to Contents](#)

Health Issues

This section provides general information about health insurance, health care, and other medical information that may benefit Expats living in Thailand.

BANGKOK HOSPITAL PATTAYA PROMOTIONS – For ongoing promotions, please visit: <http://www.bangkokpattayahospital.com/en/hospital-news-en/packages-promotions-en.html>. We have not received any information on January promotions as yet. For more information contact BHP on 1719.

PHYATHAI SRIRACHA HOSPITAL PROMOTIONS – Gavin has advised that their January promotions include: **Health Check up programs** from as low as 2,290 Baht ([Click Here](#) for details); **Osteoporosis screening** for 2,660 baht - Osteoporosis symptoms include: Sudden, severe back pain, especially in older women, Severe back and hip pain, Bones become weak and are more likely to fracture, and Development of a bent posture. For information and to make an appointment please contact Gavin by email at gavin@phyathai.com or call him direct on 089-750-0293. You can visit their website at: www.phyathai-sriracha.co.

HEALTH CARE IN THAILAND – The Club's website has additional information about medical care in Thailand including a listing of hospitals and clinics in Bangkok and Provinces in Thailand; extended/retirement care facilities; and more. Link to website page on Health Care: <http://www.pattayacityexpatsclub.com/expats/docs/HEALTH-%20CARE.pdf>.

IF YOU HAVE "A-NEGATIVE" BLOOD TYPE PLEASE CONTRIBUTE INFORMATION FOR A REGISTRY – Club Member Ren Lexander is starting up a register of people with A-negative blood type as it is extremely rare among Asians at 0.5% and only 7% among farangs. That makes it 14 times rarer in Asia. In times of emergency, it is like liquid gold. If you are A-negative, email Ren: renlexander@gmail.com and be put on the register. If a need arises, you'll be emailed. If you have a need, then you will know who to contact.

LIVING WILL FORM – Dr. Iain Corness spoke to the Club about the new Living Will form that is in use at Bangkok Hospital Pattaya (see the June 24, 2011 Newsletter). The Form, both English and Thai versions with some additional information are on the Club's website - <http://www.pattayacityexpatsclub.com/expats/docs/living%20will%20form.pdf>. The new form meets the requirement of Thai Statute No. 12 of the National Health Law. You can also obtain a copy in either English or Thai from Sally at the Sunday meetings.

GROUP MEDICAL COVERAGE – The Club has two group health insurance policies available for members. One is provided through AA Insurance Brokers. The other is provided through broker Kuhn Neng. A representative of AA and Kuhn Neng are usually available for a portion of the Club's regular Sunday meeting. For more information on the policies, age restrictions, and coverage, visit the Club's website:

http://www.pattayacityexpatsclub.com/expats/docs/GROUP_%20HEALTH_%20INSURANCE.pdf

A RESOURCE FOR MEN IN THAILAND WHO ARE DIAGNOSED WITH PROSTATE CANCER – Although there are many web sites that discuss prostate cancer, a member points out that there is one that is specific for those living in Thailand. The website is www.thai prostate.com. Also, we have some Club members that have undergone treatment in Thailand and elsewhere that are willing to be a support group if needed. If anyone wishes to contact them, please email info@pattayacityexpatsclub.com and we will put you in touch.

LISTING OF EXPAT RECOMMENDED MEDICAL PROFESSIONALS ON THE WEBSITE –The list can be viewed by going to <http://www.pattayacityexpatsclub.com/expats/docs/HEALTH-%20CARE.pdf>.

NURSING HOME FACILITY IN BANGKOK – Member David Dunbar previously used this facility - Golden Years Facility in Bangkok – a full care nursing facility geared toward those in need of assisted living combined with medical care. Here is a link to their website: <http://www.goldenyears.co.th/en/index.php>. You can contact David for more information at: moradave@yahoo.com.

A SOURCE IN BANGKOK FOR CPAP MACHINES USED TO TREAT SLEEP APNEA– Positive airway pressure (PAP) is a mode of respiratory ventilation used primarily in the treatment of sleep apnea, for which it was first developed. CPAP is an acronym for "continuous positive airway pressure." If you have need of a machine or replacement machine, member David Anderson advises that there is a supplier in Bangkok that can provide these machines at much less than you would pay ordering them from a Hospital or from one of the major pharmacies that have them. His understanding is that if you got your sleep study done here in Thailand, just have that doctor call this Sales Manager and set up pickup or delivery. If you got your old machine in another country; you may have to have a Thai doctor call in the request. The contact person is Sukho Raksakarn, Sales Manager, Skyline Medical Co., Ltd. - mobile 081-372-0641 or email skylinemedical@gmail.com.

[Return to Contents](#)

Dining Out

We have several featured restaurants that offer discounts for Club Members (show your card at the time you ask for your check). To see more information on the featured restaurants listed below, visit [the featured restaurants page on the Club's website](#).

Amari Orchard Resort & Tower Restaurants & Lounges – The Amari Orchard Resort has several restaurants and bars available, all except the Tavern by the Sea offering Club members a 20% discount. **The Tavern by the Sea** offers Club members a 15% discount - Daily promotions with every buffet being all you can eat and open from 6 – 10pm – PCEC members take discount off the price shown: Monday Curry Night for 449 Baht net per person. Taco Tuesday for 399 Baht net. Wednesday is Ribs & Wings for 399 Baht net per person (and with 1 glass of Heineken beer 50 Baht more). Thursday is Shellfish Night for THB 499 Baht net. Friday & Saturday Churrasco Nights for 690 Baht net per person). For information call the Amari at 038-418-418). **The Essence restaurant** offers a regular menu of western, Thai, Japanese, Indian, and Chinese specialties. **Orchid Terrace** sets the scene for a casual meal. **Mantra** offers different cuisines in a fabulous setting. **Email:** reservations@mantra-pattaya.com or call mantra: 038-429-591.

Other PCEC Featured Restaurants – **New York Pizza House** - 10% - 081-296-4364 & delivery 080-787-3330; **Blue Sky Restaurant** on 27th floor of the Mark-land Hotel; **Pizza, Pizza at the Avenue** -- 10% - 038-723-929; **Chez George** on 3rd Road - a 10% on food - 038-723-219 or 086-151-4200; **La Luna Italian Restaurant** - 15 % Discount - 038-371-322; **Edelweiss Swiss Restaurant** - 15% - 038-251-326 or 081-844-6037; **Tequila Reef Cantina**- 20% - 038-414035; **Big Horn Steakhouse** - 10% (Central Shopping Arcade, 2nd Road; 038-720289; **Green Tree Restaurant** - 10%; **Balcony Restaurant** - 10% (Pattaya Nua (North) Road) 038-411429; **Aloha Restaurant** - 20% (2nd Road) 038-723175; and **Aungkam Northern Thai (Issan) Restaurant** - 10% (3rd Road) 038-370386. **Cape Dara Resort's Mellow Café, Ming Xing Restaurant, Radius Restaurant, Twinkle, and Walala** – 15%; **Coco's Bistro** – 10%; **The Cuisine Belgian Restaurant** – 5% until 12/31/13; **Louis Restaurant** (Pattaya-Naklua Road turn into Soi 31) – 10% 081-001-3298 or email at: alois.pattaya@gmail.com.

If you find any information about our Featured Restaurants is incorrect, please contact us at newsletter@pattacityexpasclub.com or Darrel-pcec@inbox.com.

[Return to Contents](#)